

2018 in Review

- Membership is at 10 (including two residents and one medical student)
- Monthly meetings first Friday Sacred Heart of Jesus Mass: low attendance
- Medical Missions to San Lucas Toliman, Guatemala with SSOM and RVUCOM
- Building continuity clinic in San Lucas Toliman with mobile EHR
- Health Fairs x 2 to Porcupine, SD with RVUCOM; annual event planned
- Fully Alive SD: Empowerment Workshop April 28, 2018 at St. Isaac Jogues: Mind, Body, Spirit
- Dr Mauricio Birriel, CMA member from Puerto Rico: contacts for medical clinic work in Puerto Rico
- GME preliminary discussions with SSOM, RVUCOM, RCRH, VA and IHS
- Ongoing discussions to bring medical school to MT/ND
 - Univ of Mary, MSG Shea 10 year strategic plan includes Catholic Medical School in Bismarck
- National Initiatives
 - Network of Catholic Medical Clinics
 - Healthcare Reform: A Catholic Proposal
 - Task force on National Opioid Crisis
 - Spanish Outreach through Communications sub-committee
- 88th Annual CMA conference: Sep 26-28, 2019 Nashville, TN
- Strategic/Reorganizational guild meeting proposed for November 2018

Past / Sponsored Events

Cornerstone Rescue Mission 5K walk/run- Oct 6, 2018

National St. Kateri Tekawitha Conference – July 22, 2017

Cornerstone Rescue Mission 5 K walk/run – August 26, 2017

Cathedral Choir concert | KOTA Care and Share food drive – December 17, 2017

Catholic Medical Association's 87th Annual Educational Conference to Focus on Restoring Compassionate Patient Care in a Technocratic Age

Topics included: End of Life/Palliative Care, Cannabis: Science & Confusion, Abortion Pill Reversal, Combating Physician Burnout

- Catholic Medical Association Condemns the U.S. Food and Drug Administration's Use of Aborted Babies' Tissue In Experiments.

The FDA says the research using aborted babies is critical to understanding how the human immune system responds to certain drugs and biologics, helping to better understand diseases that affect millions of Americans. We strongly disagree. We oppose sacrificing any human life that justify this form of human experimentation," said Dr. Stephen White, Chair of the CMA's Health Care Policy Committee.

- Internet Pornography: Most common addiction in the world (Sr. Marysia Weber, DO, Psychiatrist)
 - Accessible, Affordable, Anonymity
 - 90% of children 8-16 viewed internet pornography
 - Treatment:**
 - Destroy all pornographic material
 - Install protective software (Covenant Eyes)
 - Accountability partner
 - Sacraments and Scripture: Communion with God and people...occupy your mind with good thoughts:
 - Love and Forgive self and others: Grace before me
 - Holistic Health and Healing Lifestyle; 5 pillars of wellness (drgeorgej.com)
- Opioid Crisis: 72 K deaths annually, National Public Health Emergency
 - 1/3 adults use prescription opioids
 - USA use 80% opioids
 - CMA on national panel commission by Trump administration: Chair is Dr. Cynthia Hart (cmhunt333@gmail.com)
- Prayer and meditation: Healing Body and Soul: Science of Neuroplasticity, growing new neurons (Anxiety, Depression, TBI, etc. (Nurturing the divine exchange-moment to moment discussion with the Holy Spirit).
- Offer empowerment workshops: Own your health: teach meditation/mindfulness, meditative exercise, nutrition.
- Catholic health care telehealth and clinics: Grow Virtual Catholic Health Telemedicine Practice: Interstate Medical Licensure Compact (22 states with reciprocity for full medical practice). Avera tele-medicine: E-care, Behavioral Health and Inpatient tele-medicine.
- Catholic Hospitals comprise 26% of Health Care in the US.
 - University of Mary in Bismarck: Catholic Medical School in their 10 year plan (MSG Shea).
 - PWHC: Pro Women's Healthcare Centers (www.pwhcenters.org)
 - Solidarity Healthshares (www.SolidarityHealthshares.org)
 - Subsidiarity and solidarity in action (members agree to what is moral and ethical and not subject to government or insurance companies judgments. Healthcare sharing allows members to bear the burden of medical costs together. Solidarity accesses deep discounts in the healthcare market and negotiates favorable terms with providers.
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